



# Calallen ISD School Health Advisory Committee

Feb. 13, 2019  
4:30 p.m. – 5:30p.m.

## MEETING AGENDA

TIME		FACILITATOR
4:30	<p><b>I. Welcome and Opening Remarks:</b></p> <ul style="list-style-type: none"> <li>A. Meeting called to order</li> <li>B. Agenda reviewed</li> <li>C. Members, guests and staff introduced</li> <li>D. Minutes from the last meeting presented for approval</li> </ul> <p><b>Expected outcome:</b> Informational and approval of the previous meeting minutes.  <b>Teresa Shaw read the minutes from the previous meeting.</b> Minutes were approved by all as read.</p>	<p><b>Candy Morris</b> <b>Teresa Shaw</b></p>
4:40	<p><b>II. OLD BUSINESS</b></p> <ol style="list-style-type: none"> <li>1. 2018-2019 Food Service Survey Data and Department updates and improvements. Leticia Garcia reviewed updates on Food service and outcomes of food survey. She reported that the new chicken nuggets and the new chicken Alfredo has been a hit with a lot of positive feedback from the students. She also presented on other food service updates such as the recycling of leftovers. Recycling Bins versus sharing carts are new and improved and look very nice. She showed pictures from the campus taste testing and surveys. She also requested a waiver from the state for the white bread buns, added strawberry milk, as well as Nature’s Own Honey Wheat bread. The whole grain requirements are a little less now so they will do what they can to reduce the whole grain in some of the pastas, etc while still meeting the requirements. Menu has been revised some as they are trying to find more to meet student requests while still meeting guidelines. Leticia also shared flyers for an art contest for the food service menus. Breakfast week was also announced to be March 4<sup>th</sup>-8<sup>th</sup> with several activities and prizes.</li> <li>2. CHS feedback on DSHS Vaping presentation held on Dec. 5, 2018- Feedback included the discussion that they need more on this. They need a coach and or doctor, etc. The vaping issue is a huge concern. Comments were made stating that it is a large majority of kids using vapes and bringing them to school. It is hard to catch, especially if there is not a scent. A question was brought up as to whether or not we can review policy for random drug testing of athletes and UIL. Members agree that we need to search for further strategies to educate our students more on the harmful effects of vaping and reduce the vaping issue across our district.</li> <li>3. Feedback on Refuge of Hope campus presentations at CMS held in January 2019. Only 3.5% opted out and with valid reasons. Feedback included examples of students that thanked her and really</li> </ol>	<p><b>Leticia Garcia</b></p> <p><b>CHS Rep</b> <b>Brandi Priestly</b></p>

	<p>appreciated it. She will also be coming to the health classes in 8<sup>th</sup> gr. As well as HS health classes and they would like to have her back for all next year. Magee is even looked into bringing her in as part of learning healthy relationships and introducing puberty, but of course where it is age appropriate.</p> <p><b>Expected outcome:</b> Informational and or recommendations</p>	
5:00	<p><b>III. Campus Sub Committee Reports-</b>campus questions as well campus updates on events, activities or positive happenings related to health and wellness. CMS reviewed plans about health fair and will coordinate with CHS summer physicals. CHS reported has the women's shelter coming to CHS addressing teen violence and healthy relationships. East reported random acts of kindness next week, TX Public Schools Week-Spanish and Salsa Clubs come to read to the students, Rabbit Run, Mentorship called Kids of Hope-Ongoing and May field day. Magee reported annual picnic coming up along with Fitness Gram for all elementary campuses. PE classes have Magee milers going into full swing as well as Field Day. CMS also reported that firefighters and EMS will be attending math and science night on March 21<sup>st</sup> as well as a Buffalo Soldier coming soon. Spread the Love campaign is also happening at CMS. Ms. Vorhees also discussed the district wide attendance meeting, where parents from all over the district attended. Several comments and recommendations made to continue with parent education nights on several needed topics.</p> <p><b>Expected outcome:</b> Informational</p>	<b>Campus Reps</b>
5:15	<p><b>IV. Standard Operating Procedure: Weather Guidelines for Elementary School Outdoor Activities</b></p> <p>Teresa Shaw reviewed our regular operating procedures and weather guidelines. We reviewed district procedures from other schools as well.</p> <p>Other-Mr. Flores also reviewed some information regarding CPR and Stop Bleeding Training. He will forward the info for our review.</p> <p><b>Expected outcome:</b> Informational and Recommendation</p>	<b>Teresa Shaw RN</b>
5:30	<p><b>VI. Adjourn</b></p> <p><b>Next and final meeting for this year is scheduled for April 10<sup>th</sup>, 2019.</b></p>	