



Calallen ISD School Health Advisory Committee

Nov. 14, 2018
4:30 p.m. – 5:30p.m.

MEETING AGENDA/**MINUTES**

TIME		FACILITATOR
4:30	<p>I. Welcome and Opening Remarks:</p> <ul style="list-style-type: none"> A. Meeting called to order B. Agenda reviewed C. Members, guests and staff introduced D. Minutes from the last meeting presented for approval <p>Outcome: Meeting was called to order and agenda reviewed. Previous meeting minutes were emailed prior to today's meeting and posted by Candy Morris and were approved as written.</p>	Teresa Shaw
4:40	<p>OLD BUSINESS</p> <ul style="list-style-type: none"> 1. Follow up on Refuge of Hope campus presentations- Brandi Priestly informed committee that presentations are scheduled to be held at CMS for all grades in January 2019. The students will be separated by gender and presentations will be age appropriate focusing on "Healthy Relationships." 2. Food Service Concerns- Follow up on information obtained and Survey Data. Discussion tabled as survey data was not available yet. 3. Private Business presentations on a campus - Teresa Shaw visited with Central Office regarding district guidelines and was informed that each request would be assessed on a case by case basis. Businesses, physicians, dentists etc..that are asking to come speak to our students must be for education purposes for our students and not promotion of their business. <p>Expected outcome: Informational and or recommendations</p>	Teresa Shaw
4:50	<p>II. Campus Sub Committee Reports-campus questions as well campus updates on events, activities or positive happenings related to health and wellness</p> <ul style="list-style-type: none"> ➤ CMS- Nicole Chapman informed committee that CMS is planning to host A Community Health Fair in the spring and asked for ideas and suggestions. ➤ CHS- Sandra Tapia reported that CHS is hosting "A Day of Giving" and have ~75 Baskets to be given out for Thanksgiving, 12 of which are going to Elementary student families. ➤ Shattered Dreams will be at CHS on Nov. 27th & 28th ➤ Magee is hosting their Annual Turkey Trot on Nov. 20th. ➤ Wood River is hosting their Gobble Wobble on Friday Nov. 16th ➤ East will be hosting a Jingle Jog on Dec. 14th ➤ The District Nursing Dept. hosted a District wide FLU and Immunization Clinic on October 2nd for the employees and their families. 165 vaccines were given. ➤ Kids of Hope is a 1:1 Mentorship program that is being piloted at the East campus, it began the week of October 29th and are hoping to have it at the Wood River campus as well. 	Campus Reps

5:10	<p>III. American Diabetes Association Family Retreat</p> <ul style="list-style-type: none"> ➤ Handout given to committee for them to share with the community. The Campus nurses have shared the information with our Diabetic Students and their families. This is a South Texas Diabetes Retreat for families of children with Type 1 diabetes. It is A free retreat offering diabetes education, Family support and networking, Diabetes Management skills, adventurous Outdoor activities, all in a fun supportive environment. <p>Expected outcome: Informational</p>	Teresa Shaw
5:15	<p>IV. ASPIRE Program- Tobacco Prevention and Cessation Curriculum for Teens- UT MD Anderson Cancer Center-This is a free online service and is recommended by the committee for teachers to use as a supplement to what they are already teaching. The ASPIRE program is at no cost for students and educators. The curriculum aligns with subject area standards in health, science, mathematics, social studies, and technology application.</p> <ol style="list-style-type: none"> 1. CHS has an upcoming presentation by DSHS Rep Dec. 5, 2018- Noe Rodriguez will be presenting to the high school health, PE and some elective classes on the dangers of vaping and jules. <p>Expected outcome: Informational and or recommendations</p>	Teresa Shaw
5:30	VII. Adjourn- Meeting adjourned at 5:35pm	