



Calallen ISD

# January 2019

Monday

Tuesday

Wednesday

Thursday

Friday

**Happy New Year!** 1

2  
Student Holiday

Bacon & Eggs / Toast  
~~~~~  
Pepperoni Pizza 3  
Corn Dog  
Roasted Season Corn  
Steamed Broccoli  
Strawberry Cup

Pancake Wrap  
~~~~~  
Cheese Burger 4  
Fish Nuggets  
Macaroni & Cheese  
Tator Tots  
Burger Salad  
Chilled Peaches

Sausage Biscuit  
~~~~~  
Chicken Nuggets 7  
Steak Fingers  
Mashed Potatoes/Gravy  
Carrot Coins  
Whole Grain Roll  
Chilled Pears

Donut Holes  
~~~~~  
Tangerine Chicken/Asian Rice 8  
Sausage Wrap  
Steamed Broccoli  
Mixed Vegetables  
Egg Roll/Fortune Cookie  
Orange Smiles

Pancake Sausage Bites  
~~~~~  
Pepperoni Pizza 9  
Chicken Quesadilla  
Cherry Tomatoes &  
Cucumber/ Dip  
Seasoned Corn  
Peach Jello

Cinnamon Oatmeal/Toast  
~~~~~  
Beef Nachos w/ Cheese 10  
Beef & Bean Burrito  
Spanish Rice  
Refried Beans  
Salad  
Chilled Fruit Cocktail

Bean & Cheese Taco  
~~~~~  
Cheese Burger 11  
Chicken Burger  
Oven French Fries  
Sweet Tator Tots  
Burger Salad  
Chilled Peaches

Cinni Minni  
~~~~~  
Popcorn Chicken 14  
Mini Corn Dogs  
Mashed Potatoes/ Gravy  
Seasoned Corn  
Whole Grain Biscuit  
Peach Cream Delight

15  
Livestock Show  
January 15 - 18



MARTIN LUTHER KING JR.  
1929 1968  
21

Breakfast Pizza  
~~~~~  
Spaghetti with Meat Sauce 22  
Hot Pocket  
Green Beans  
Steamed Broccoli  
Cheesy Garlic Bread Stick  
Rosey Pears

Donut Holes  
~~~~~  
Pepperoni Pizza 23  
Pulled Pork on Bun  
Baby Carrots/ Dip  
Seasoned Corn  
Peach Cobbler

Pancake w/Sausage Link  
~~~~~  
Crispy Beef Tacos 24  
Chicken Fajita Taco  
Spanish Rice  
Pinto Beans  
Salad w/ Cheese  
Strawberries & Bananas

Assorted Muffins  
~~~~~  
25  
Cheese Burger  
Grilled Chicken Burger  
Oven French Fries  
Burger Salad  
Apple Wedges & Caramel

French Toast Sticks  
~~~~~  
Popcorn Chicken 28  
Steak Burger  
Mashed potatoes/Gravy  
Baked Beans  
Whole Grain Roll  
Rosey Pears

Pig-in-a-Blanket  
~~~~~  
29  
Sub Sandwich / Chip  
Frito Pie  
Sweet Tater Tots  
Baby Carrots / Dip  
Chocolate Banana Pudding

Smoke Sausage Egg Taco  
~~~~~  
30  
Pepperoni Pizza  
Chicken Alfredo  
Seasoned Corn  
Broccoli & Cheese  
Cheesy Garlic Break Stick  
Chilled Peaches

Waffle  
~~~~~  
31  
Beef Tips Over Rice  
Chicken & Cheese Crispito  
Green Beans  
Tossed Salad / Dressing  
Whole Grain Roll  
Chilled Fruit Cocktail

## In Season Oranges

Oranges are a great source of Vitamin C and Dietary Fiber

In addition, oranges are a good source of B vitamins including Vitamin B1, Pantothenic acid, and Folate as well as Vitamin A, Calcium, Copper, and Potassium



## Announcements

<http://www.calallen.healtheliving.net>



\*\*\*NOW AVAILABLE\*\*\*  
Tuesday/Thursday  
Paw Pak (Pre-Packed Meal)

Protein - Turkey/Ham/Cheese  
Vegetable - Carrots/Cucumbers/Dip  
Fruit - Fresh Apple/Orange/Grapes  
Grain- Package WG Cracker  
Dairy - Choice of Milk

Join us for lunch, visitor \$ 3.50



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.

## Meal Prices

### Student Breakfast

**\$1.50**

100% Juice/Fresh Fruits/Veggies  
Assorted WG Cereal  
Yogurt  
Milk Variety

### Student Lunch

**PK-5<sup>th</sup> - \$2.40**

**6<sup>th</sup>-12<sup>th</sup> - \$2.65**

Fresh Fruits/Vegetables  
Milk Variety  
Menu subject to change due to availability.